



# THE 2009 RIVER CITY MILE

*The real reason to run a race is not to win the race but to test the limits of the human heart ~ Pre*

<p style="text-align: center;"><b>Awards</b></p> <p><b>Top five male &amp; female finishers as follows:</b></p> <p><b>River City Mile, Open Run</b></p> <p><b>River City Kid's Mile</b> (12 &amp; under)</p> <p><b>River City Mile, Race Walk*</b> *USATF Rule 232 applicable</p>	<p><b>Date:</b> Saturday, July 25, 2009, Race Time: 8:00 a.m.</p> <p><b>Course:</b> Within Parkersburg City Park, USATF Certified. Course map available at: <a href="http://www.rivercityrunners.com">www.rivercityrunners.com</a></p> <p><b>Registration:</b> 7:00 - 7:50 a.m. at City Park Pavilion</p> <p><b>Entry Fee:</b> <i>Before 7/18-</i> \$12.00, 12 &amp; Under Kids \$5.00 <i>After 7/18-</i> \$15.00 / Kids \$10.00</p> <p><b>Mail to:</b> River City Runners &amp; Walkers P.O. Box 4496 Parkersburg, WV 26104</p>
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First 50 entrants will receive a T-shirt.

For further information, contact: Joe Corra - **Phone:** 304-488-4108 - **Email:** [runjoerun@hotmail.com](mailto:runjoerun@hotmail.com).

## RIVER CITY MILE 2009

Name \_\_\_\_\_ Male / Female \_\_\_\_\_ Run / Walk \_\_\_\_\_  
(circle one) (circle one)

Address \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Street City State Zip

( ) \_\_\_\_\_ - \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_ \_\_\_\_\_  
Phone Date of birth Age on race day

Shirt Size XS S M L XL  
(circle one)

Waiver: In consideration of acceptance of this entry, I waive myself, my heirs, and assigns, all rights and claims for damages which I might have against the River City Runners & Walkers Club, the City of Parkersburg and all other individuals and organizations associated with this race for all injuries which may result from my participation in this event. I attest and verify that I have full knowledge of the risk involved in this event and am physically fit and sufficiently trained to participate.

\_\_\_\_\_  
Signature of Participant / Parent or Guardian if less than 18 years old

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date